

## Helen Quest

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Friday, 15 June 2012 13:33 - Last Updated Friday, 15 June 2012 13:38

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**ON THE MOVE:** Nineteen adult and child teams competed in first-ever Helen Quest Saturday at Lake Helen. The race, sponsored by Gothenburg Memorial Hospital's Sports & Medical Rehabilitation Department, sent teams to different stations to complete different exercises.

Winners of the 6-9 age group were, 1. Kent and Kooper Koehn, 2. Amber and Jake Burge; 10-13 age group, 1. Seth and Bryce Ryker, 2. Beth Barrett and MaKenna Spiegel. Pictured (right) are, l-r: Maddy Widdifield, Jim Widdifield, an unidentified person, Bryce Ryker and Kristin Hastings as they begin the race. Left, Amber Burge (right) and her son, Jake, compete at the egg-carrying station.

