

Times improve from last week, last year.

LEXINGTON—Swede runners who previously competed on the Lakeside Country Club course know it's not an easy venture.

The hills are challenging and last week's heat added to the discomfort at the Lexington Invite on Sept. 8.

Still, Gothenburg coach Steve Reeves saw his runners rise to the challenge, improving times from the prior week and, more accurately compared, last year.

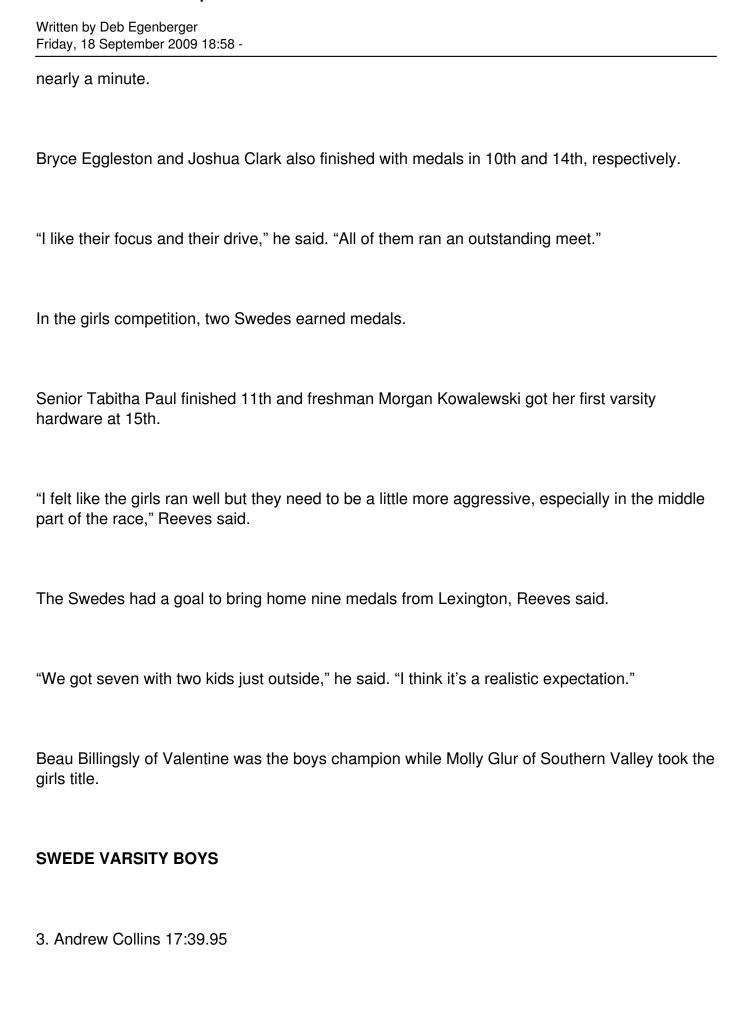
"I felt like the kids took a big step forward," Reeves said. "I think they answered the bell."

The meet was non-scoring, but medals were still awarded.

Five boys finished in the top 15 putting the group right where Reeves wants to see them.

Andrew Collins came in third followed by Luke Rehmert in fifth and Brett Dockweiler in sixth.

Rehmert shaved 23 seconds off his time on the same course last year and Dockweiler improved





Written by Deb Egenberger Friday, 18 September 2009 18:58 -

Jon Rehmert 22:09.57



Ray Ramirez 22;10.81

Ryan Ostendorf 22:25.45

John Portiner 25:35.41

Jonathon Clark 25:47.28

Coltin Benbensee 30:02.55

SWEDE VARSITY GIRLS

- 11. Tabitha Paul 18:36.65
- 15. Morgan Kowalewski 18:58.79

Lauren Schmiett 19:32.11

