

# Wrestling success is about total package

Written by Deb Egenberger

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## Schwanz, Spiegel rewrite record book.

The trophies and medals are nice.

That's why the 2010-11 Swede wrestlers endured grueling conditioning, two-a-day practices and long over-night bus trips.

But Swede coach Eric Manstedt hopes his wrestlers take more than awards away from the mats.

"In the long run, I think what's far more important than the trophies is the character and discipline each one of these kids has developed," Manstedt said. "It's all about the total package."

So while the team trophies and weight class medals prominently display the Swedes' power on the mat this season, the work ethic and dedication are what Manstedt hopes to bring out in each of them.

2010-11 SWEDE WRESTLING STATISTICS									
Name	Record	Pins	3pt. NF	2pt. NF	Rev.	T.D.	Esc.	Pen.	
Kyle Demoret	20-23	15	9	2	19	29	32	4	
Bryce Eggleston	20-19	26	11	5	18	49	18	2	
Dane Ehlers	40-17	18	7	3	7	48	25	4	
Cameron Frazho	15-12	9	1	2	7	22	9	2	
Trent Good	25-27	10	7	6	12	55	47	9	
Dalton Goodwin	17-15	15	10	2	6	21	15	4	
Kyle Kleinkecht	12-11	7	3	4	9	24	21	6	
Skyler Kottwitz	12-21	10	4	3	10	25	17	3	
Dillon Larson	12-28	9	7	9	9	14	6	3	
Jesse Larson	12-22	6	9	9	14	32	15	1	
Justin Larson	27-19	22	14	5	11	40	15	3	
Tre Ostergard	20-12	20	8	7	17	37	9	6	
Tanner Schwanz	47-11	19	26	17	7	125	30	1	
Mitch Spiegel	48-9	25	16	9	16	103	6	5	
<b>TOTAL</b>	<b>360-245</b>	<b>220</b>	<b>131</b>	<b>82</b>	<b>163</b>	<b>634</b>	<b>274</b>	<b>53</b>	
<b>RESERVE RECORDS</b> Dalton Goodwin...4-2 Chase Ostergard...2-8 Ernie Galvan...8-10 Kyle Kleinkecht...3-0 Dillon Garner...16-6 Tyler Block...3-4 Skyler Kottwitz...3-0 Caleb Geiger...3-13 Preston Franzen...8-7 Justin Larson...8-0 Aaron Lauer...6-11 Ernie Galvan...6-4 Aaron Lauer...1-2 <b>OTHER VARSITY</b> Tyson Miller...1-3 Dillon Garner...7-0 Tyson Miller...2-7 Tyler Block...12-8 Chad Nelson...0-5 Caleb Geiger...6-9 Chad Nelson...1-1 Preston Franzen...2-13 Chase Ostergard...3-10									

"These kids were phenomenal to coach," he said. "They may not have gotten out of it what they wanted in terms of hardware but it was a very successful season all the way around."

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Gothenburg sent five kids to state and brought home two medals, a sixth place by Tanner Schwanz and a fifth place by Mitch Spiegel.

The duo has rewritten the school's record board.

Schwanz, Manstedt said, is in the mix of the best wrestlers in school history.

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