

Eagles earn five gold medals

Written by Deb Egenberger
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HERSHEY—Four Brady individuals and one girls relay took first place during the first outdoor track and field competition of the season at the Herhsey-St. Pat's Invite on Saturday.

For the girls, gold medalists were senior Megan Polt in the 200-meter dash, freshman Autumn Hild in the 400-meter dash and freshman Josie Palmer in the high jump.

Eagle coach Rich Britten said a couple of the girls' parents promised incentives in return for their daughters' gold medals.

One stood to earn some cash and the other a new pair of shoes.

"Parents push their kids in different ways, I guess," Britten said. "I just want them to go out and give their best effort."

Brady's 4x400 relay also finished first, seven seconds ahead of the second-place team. Runners were Polt, Palmer, Hild and Courtney Widick.



For the boys, senior Levi Widick had a personal best throw of 129-0.5 in the discus to win the event.

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Britten said Big 10 shot champion Luke Pinkelman of Cozad worked with Widick and the other Eagle throwers last week.

“I think we’ll see improvement from them all in the weeks to come,” he said.

The girls finished third as a team with 84 points behind North Platte St. Pat’s and Sutherland.

The boys were fifth overall.

Brady competes next at the Elwood Invite beginning at 10 a.m. Friday.