

Depth helps Brady boys win SHC championship

Written by Gothenburg Times
Thursday, 08 May 2014 14:39 -

Quality efforts boost girls to 2nd.

Good depth was a key for the Brady boys track team as the Eagles claimed the Sandhills Conference crown Thursday at North Platte.

Brady scored 133 points to finish ahead of Mullen with 118.

On the girls side, quality individual efforts from fewer individuals helped the Eagles score 118 points for runner-up honors to SHC champ Mullen with 142.

“Things went very well,” Eagle coach Rich Britten said. “It was a windy day but we had some very exciting things happen that day. It was a pretty good day for us.”

Next on the schedule for Brady is the Dave Blevins Memorial Invitational Friday at North Platte. The Eagles will compete Wednesday, May 14, in the District D-10 meet at Sutherland.

Eagle boys

Brady had only three gold medal performances while placing in 13 of the 16 events.

“We were able to get enough second, third and fourth places to get enough points to beat Mullen for the overall title,” Britten said.

Eric Roe won the 300-meter intermediate hurdles with a time of 43.9 seconds but got clipped at the finish line in the 110 highs.

Depth helps Brady boys win SHC championship

Written by Gothenburg Times
Thursday, 08 May 2014 14:39 -

“He had a very tight race in the 110s,” the coach said. In the finals he got a little bit behind and just got nipped at the end. If it had been another 10 meters or another hurdle in there he would have caught him.

“That’s the first time he’s lost the 110s all year.”

Trevor Mann claimed the other individual gold for the boys with his triple jump of 41-0.

Brady’s 4x100 relay also placed first with a time of 46.3 seconds. Members of the foursome were Cody Warren, Levi DeStefano, Dayne Porter and Roe.

Warren improved his best times in the 100- and 200-meter dashes while coming in second and third, respectively.

“He just got edged in the 100 to an Arthur kid we weren’t really expecting,” Britten said.

Troy Lusk earned a pair of silvers by placing second in the 400 (:55.6) and 800 (2:17.1). Austin Widick placed second in the discus (131-11).

Capping the silver medal efforts was the 4x400 relay (3:50.4) that included Roe, Chase Viter, Porter and Lusk.

Brady girls

Valerie Most paced the Eagle girls with three individual gold medals and she ran on a winning relay.

Depth helps Brady boys win SHC championship

Written by Gothenburg Times
Thursday, 08 May 2014 14:39 -

Most bettered her own school record in the 100-meter hurdles while winning with a time of 15.7 seconds.

The Eagle senior achieved her second-best ever high jump with a winning 5-4 effort. She also won the 300-meter low hurdles with a time of 51.2 seconds.

Since the conference meet did not feature a pole vault event, Most joined Shaylin McClellen, Josie Palmer and Michaela Jurgens in the 4x100 relay. They won the event with a time of 54.5 seconds.

McClellen won the long jump and actually broke her own school record twice. She went 16-5 on her first attempt to erase the old mark by an inch. Then, she went 16-7 for the winning mark.

McClellen placed second in both sprint events to Jessica Lovitt of Mullen who will be a tough competitor at the district meet.