

## Local run includes 10K this year

Written by Elizabeth Barrett

Thursday, 07 August 2014 14:54 -

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After resurrecting the Brady Days Road Run last year during Brady Days, organizers added something more this year.

A 10K division that attracted three competitors.

The 10K runners joined those running the 5K over rolling hills on North Brady Road Sunday morning.

Linda Kramer of Stapleton had the fastest overall women's time in the 10K with 52:18.6 and Alvin Lunkwitz for men with 63:37.5.

In the 5K, Dustin Favinger of Cozad beat the overall competition with 22:06.5.

Results include:

### 10K RESULTS

19-29

Male: 1. Alvin Lunkwitz, Brady, 63:37.5

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40-49

Female: 1. Linda Kramer, Stapleton, 52:18.6; 2. Laura Gay, North Platte, 54:14.6

### 5K RESULTS

18 & Under

Female: 1. Megan Lusk, Brady, 34:37.6.

Male: 1. Blake Lusk, Brady, 34:28.9.

19-29

Female: 1. Angela Johnson, Brady, 25:19.6

Male: 1. Nick Auwnda, Cozad, 22:37.5; 2. Mike Phillips, North Platte, 30:02.9.

30-39

Female: 1. Melissa Shepherd, Brady, 30:02.8.

Male: 1. Dustin Favinger, Cozad, 22:06.5

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40-49

Female: 1. Dixie Smeltzer, Brady, 33:03.3; 2. Connie Freudenberg, Lincoln, 37:31.5; 3. Bridget Rossman, Brady, 38:36.5.

50 & Older

Female: 1. (tie) Boni Edwards, North Platte, and Beth Barrett, Gothenburg, 32:19.7.